



Govern d'Andorra

## PROVA OFICIAL DE BATXILLERAT PROFESSIONAL

Prova escrita de llengua anglesa

**AS-ECP-AFEL\_ANGe\_23**

**-Convocatòria 2023-**

Marqui amb una creu la branca d'especialitat de què s'examina

	<i>E7: Activitats físiques, esportives i de lleure</i>
	<i>E7: Animació socioeducativa</i>
	<i>E8: Estètica, cosmètica i perfumeria</i>

*Codi d'identificació*

**NOTA** \_\_\_\_\_  
**10**

**Durada de la prova: 1 hora i 30 minuts**

**Llengua de la prova: llengua anglesa**

Read the following text:

### **Quiet quitting: The workplace trend taking over TikTok**

Imagine a workplace culture where doing what your job description says is considered enough? No more going above and beyond, trying to impress the boss. As the world changed since the pandemic, the change in workplace culture has resulted in a **mindset** that is now viral in social media: *quiet quitting*.

Despite the name, it actually has nothing to do with quitting your job. It means doing only what your job demands and nothing more. Not doing anything extra. You still show up for work, but stay strictly within the **boundaries** of your job requirements. So personal and work life get distinctly separated.

Since the pandemic, young workers are tired of not getting the recognition and compensation for putting in extra hours. They're saying "no" to burnout, and instead they are focusing on work-life balance. The movement is centered around taking care of yourself and "acting your wage".

The term *quiet quitting* has appeared recently after American TikToker @zaidleplin posted a video on it that went viral, saying "work is not your life". Perhaps surprisingly, the movement has its origins in China, where the hashtag #tangpin, meaning "lie flat", was used in protest against the long-hours working culture.

Georgia Gadsby March (24 years of age), from Devon, worked in marketing for a retail and homeware company where she was doing **overtime** with no reward. After starting her administration support role, she began taking on more responsibility and was working nearly 60 hours a week. "I was promised a pay rise, but it never materialized into anything. I felt humiliated", she says.

Georgia began to turn down work that was outside her job description and was criticized and often accused of slacking\*. But she didn't care. "It felt like I was giving the power back to myself" until she eventually left her job. (...)

Not everyone's on board with the *quiet quitting* phenomenon. Workplace decorum expert Pattie Ehsaei expressed her **disagreement** with it in a TikTok video, saying you'll never succeed at work with that **mindset**. "*Quiet quitting* is doing the bare minimum required of you at work and being content with mediocrity", she told the BBC. "Advancement and pay increases will go to those whose level of effort warrants\* advancement, and doing the bare minimum certainly does not".

Career coach and podcast host Joanne Mallon says many of her clients have already started to quiet quit when they come to her for coaching. She says that while she would never advise someone to *quiet quit*, she asks them what their reasons are for doing so. "Everybody has *quiet quit* at some point in their lives, but ultimately it might be a sign that it's time to move on and get out of a space physically", she says.

**Source:** Article adapted from *BBC*, by Perisha Kudhail, August 31st, 2022.  
<https://www.bbc.com/news/business-62638908>

### **Vocabulary\*:**

slacking: not working to your full potential; decreasing or reducing in intensity, quantity, or speed.

warrant: to declare or maintain with certainty, to guarantee.

**A. Reading comprehension activities** (4 points)

**Read the following questions and mark your answers according to the information provided in the text.** (2 points, 0,5 point per correct answer) Only one option is correct. Incorrect answers do not penalize.

1- Quiet quitting is...

- a. quitting your job without giving the 15-day notice in advance.
- b. doing only the essential work specified in your contract.
- c. working in a business without a contract.
- d. not doing your job and asking for favourable conditions.

2- The main reasons that justify the *quite quitting* trend are...

- a. seeking work-life balance and avoiding burnout.
- b. censorship, "lying-flat" and protests.
- c. being mediocre and doing the least amount of work possible.
- d. following the TikTok trend and "acting your wage".

3- What does "going above and beyond" mean in the text?

- a. grabbing the elevator to the top of the building
- b. following the influence of others
- c. walking a very long distance
- d. being ambitious and trying to reach goals that require extra effort

4- According to the information in the text, it can be inferred that career coach Joanne Mallon has ...

- a. a clearly positive vision on *quiet quitting*.
- b. a strictly negative vision on *quiet quitting*.
- c. a professionally comprehensive vision on *quiet quitting*.
- d. no opinion on the *quiet quitting* issue.

5. **Complete the table below with suitable synonyms for the words listed below** (appearing in **bold letters** in the text). (1 point: 0,25 points per synonym).

Synonyms: - *extra time*, - *philosophy*, - *limits*, - *difference of opinion*

<b>1. Boundaries</b>	
<b>2. Overtime</b>	
<b>3. Disagreement</b>	
<b>4. Mindset</b>	

6. **Find in the text the words that match the following definitions.** (1 point – 0.25 points per definition).

1- Chronic workplace stress that has not been successfully managed:  
\_\_\_\_\_ (3rd paragraph)

2- When something suddenly starts being very popular or successful:  
\_\_\_\_\_ (4th paragraph)

3- Reject or say no to something offered or proposed:  
\_\_\_\_\_ (6th paragraph)

4- The state or condition of not being exceptional in any way, averageness especially in quality or ability: \_\_\_\_\_ (7th paragraph)

**B. English in use** (1 point)

**Read the following text and circle the correct option (A, B, C or D) for each blank.** There is only one correct option and wrong answers do not penalize. (1point: 0,10 per correct option)

### **How to Make a Positive First Impression in Interviews**

Interviews can be stressful but with the right preparation you can lessen your interview stress. Make (1) \_\_\_\_\_ you are ready to make a good first impression when meeting (2) \_\_\_\_\_ for the first time. To ensure you're leaving a positive first impression in your interviews, follow (3) \_\_\_\_\_ tips:

Arrive looking professional

Appearance (4) \_\_\_\_\_ essential. It's (5) \_\_\_\_\_ important to have the right attire, but also the rest of your appearance (6) \_\_\_\_\_ be impeccable.

Practice active listening

It isn't enough to simply answer the questions; you also need to be present and engaged in (7) \_\_\_\_\_ your interviewers are saying. Things (8) \_\_\_\_\_ simple (8) \_\_\_\_\_ a nod, smile or eye contact can show that you're a thoughtful and passionate candidate right (9) \_\_\_\_\_ the start.

Check your body language

To appear open and honest, try to keep your arms and legs uncrossed. To seem approachable, relax your brow. (10) \_\_\_\_\_ these small cues can subconsciously signal to others that you're unfriendly.

**Source:** Article retrieved and adapted from *firsthand.co*, by Vault Careers, January 13th, 2020.

<https://firsthand.co/blogs/interviewing/how-to-make-a-positive-first-impression-in-interviews>

- (1) a. for                      b. sure                      c. well                      d. to
- (2) a. anyone                      b. everyone                      c. none                      d. anything
- (3) a. this                      b. these                      c. ----                      d. that
- (4) a. is consider                      b. considers                      c. is considered                      d. are consider
- (5) a. never                      b. just                      c. ----                      d. not only
- (6) a. should                      b. ----                      c. would                      d. cannot
- (7) a. when                      b. nothing                      c. that                      d. what
- (8) a. more...than                      b. as...if                      c. as...as                      d. so...so
- (9) a. from                      b. in front of                      c. off                      d. in
- (10) a. Ignore                      b. Ignoreing                      c. Ignoring                      d. Ignored

**C. Writing** (5 points)**Write an opinion essay.**

Your essay should follow the structure:

- Introduction
- Two body paragraphs with two or more main points, well developed with supporting details and examples
- Conclusion

**Your essay should be about 150-180 words long.**

It is acceptable to write a text with **20% deviation** in relation to the number of words required. If the text does not have the required extension (20% below or above the limit), you will be **penalized -0.5 points**.

Marqui amb una creu la branca d'especialitat de què s'examina i elabori el text d'opinió amb la temàtica corresponent.

	<i>E7: Activitats físiques, esportives i de lleure</i>
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➤ **BP en Estètica, cosmètica i perfumeria**

Write an opinion essay on the following topic:

**What are the psychological benefits of makeup on your mood?**

**Guiding questions** (To be used as a reference, not to be answered directly): Why do you use makeup? What positive aspects of our personality or mindset does makeup emphasize? Can a change in our physical appearance create positive changes in our perception? What are these?

➤ **BP en Activitats Físiques, esportives i de Lleure**

Write an opinion essay on the following topic:

**Should breakdance be considered a sport?**

**Guiding questions** (To be used as a reference, not to be answered directly): Can we consider professional dancers as athletes? What characteristics are necessary to consider an activity a sport? Should we reconsider some of our traditional sports in the light of new sportive concepts?

➤ **BP en Animació Socioeducativa**

Write an opinion essay on the following topic:

**Should online classes continue as the new educational standard?**

**Guiding questions** (To be used as a reference, not to be answered directly): Does this new style of virtual studies benefit students? Do you think that virtual studies are more attractive or affordable? If we have the technology available, we should use it to reduce the education costs? With systematic online classes, will schools become obsolete facilities?





